#### **GIRLS VOLLEYBALL 2016**

Wednesday 9/7/16 Dunmore Home 5:00PM Saturday 9/10/16 Susquehanna Home 10:00AM Monday 9/12/16 Abington Heights Home 5:00PM Wednesday 9/14/16 Forest City Away 5:00PM Saturday 9/17/16 Montrose Home 10:00AM Monday 9/19/16 Blue Ridge Away 5:00PM Wednesday 9/21/16 Western Wayne Home 5:00PM Friday 9/23/16 Elk Lake Away 5:00PM Monday 9/26/16 Mt. View Home 5:00PM Wednesday 9/28/16 Dunmore Away 6:00PM Friday 9/30/16 Susquehanna Away 5:00PM Monday 10/3/16 Abington Heights Away 5:00PM Wednesday 10/5/16 Forest City Home 5:00PM Thursday 10/6/16 Montrose Away 5:00PM Monday 10/10/16 Blue Ridge Home 5:00PM Wednesday 10/12/16 Western Wayne Away 5:00PM Friday 10/14/16 Elk Lake Home 5:00PM Parents Night

Tuesday 10/18/16 Mt. View Away 5:00PM

#### **GOLF 2016**

Monday 8/22/16 Mt. View Away 10:00AM
Tuesday 8/23/16 Elk Lake Away 10:00AM
Wednesday 8/24/16 Forest City Home 4:00PM
Thursday 8/25/16 Riverside Away 10:00AM
Tuesday 8/30/16 Montrose Away 4:00PM
Wednesday 8/31/16 Scranton Prep Away 4:00PM
Tuesday 9/6/16 Mid Valley Home 4:00PM
Thursday 9/8/16 Lakeland Home 4:00PM
Tuesday 9/13/16 Old Forge Home 4:00PM
Monday 919/16 Dunmore Away 4:00PM
Tuesday 9/20/16 Carbondale Away 4:00PM
Thursday 9/22/16 Western Wayne Away 4:00PM
Friday 9/23/16 Blue Ridge/Susquehanna Home 4:00PM
Monday 9/26/16 Holy Cross – Parents Day Home 4:00PM

Friday 8/19/16 Jackman Tournament Scranton Muni 8:00AM

## **CROSS COUNTRY 2016**

Wednesday 9/7/16 Abington Heights, North Poc, Home 4:45PM Valley View – Parents Day
Tuesday 9/13/16 Del Valley, Wallenpaupack @Susq. 4:45PM
Tuesday 9/20/16 Mentress, Phys Bidge, Elly Lake @ Mentress 4

Tuesday 9/20/16 Montrose, Blue Ridge, Elk Lake @ Montrose 4:45PM Tuesday 9/27/16 Dunmore, Riverside, Old Forge @Mt. View 4:45PM

Lakeland, Susquehanna, Mt. View

Tuesday 10/4/16 Scranton Prep, Holy Cross @ Lakeland. 4:45PM Tuesday 10/11/16 Scranton, West Scranton, @ Lakeland 4:45PM

Mid Valley

Tuesday 10/18/16 Honesdale, Western Wayne, @ WW 4:45PM Forest City, Carbondale

Forest City, Carbondale Seturdov 10/22/16 III L

Saturday 10/22/16 JH League Meet @ Lakeland TBA Wednesday 10/26/16 Varsity Districts @ Lakeland TBA

Saturday 11/5/16 State Championships @ Hershey TBA

## **VARSITY FIELD HOCKEY 2016**

Tuesday 8/23/16 Lake Lehman Away 12:00pm Wednesday 8/31/16 Tunkhannock Away 4:15pm Friday 9/2/16 Abington Heights Home 4:15pm Wednesday 9/7/16 Tunkhannock Home 4:15pm Friday 9/9/16 Northwest Away 4:15pm Monday 9/12/16 Wallenpaupack Away 4:15pm Wednesday 9/14/16 Wyoming Area Home 4:15pm Monday 9/19/16 Wyoming Seminary Away 4:15pm Wednesday 9/21/16 Wyoming Valley West Home 4:15pm Friday 9/23/16 Abington Heights Away 4:15pm Monday 9/26/16 Coughlin Home 4:15pm Wednesday 9/28/16 Holy Redeemer Away 4:15pm Friday 9/30/16 Dallas Home 4:15pm Rescheduled Tuesday 10/11/16 Monday 10/3/16 Delaware Valley Away 4:15pm Wednesday 10/5/16 Hazleton Home 4:15pm Saturday 10/8/16 Crestwood Away 1:30pm Wednesday 10/12/16 Honesdale Away 4:15pm Friday 10/14/16 Northwest Home 4:15pm Monday 10/17/16 Lake Lehman Home 4:15pm

## JUNIOR HIGH FIELD HOCKEY 2016

Wednesday 10/19/16 Pittston Away 4:15pm

Parents Day

Saturday 8/27/16 Lake Lehman Away 9:00am Tuesday 8/30/16 Tunkhannock Away 4:15pm Friday 9/2/16 Lake Lehman Away 4:15pm Friday 9/9/16 Holy Redeemer Home 4:15pm Saturday 9/10/16 Wyoming Area Away 11:00AM Tuesday 9/13/16 Honesdale Home 4:15pm Friday 9/16/16 Wallenpaupack Away 4:15pm Tuesday 9/20/16 Abington Heights Home 4:15pm Thursday 9/22/16 Delaware Valley Away 4:15pm Tuesday 9/27/16 Dingman Home 4:15pm Tuesday 10/4/16 Honesdale Away 4:15pm Thursday 10/6/16 Wyoming Area Home 4:15pm Tuesday 10/11/16 Wallenpaupack Home 4:15pm Thursday 10/13/16 Abington Heights Away 4:15pm Friday 10/14/16 Delaware Valley Home 4:15pm Tuesday 10/18/16 Dingman Away 4:15pm

## **JUNIOR HIGH FOOTBALL 2016**

Monday 9/5/16 Dunmore Away 10:00AM

Monday 9/12/16 Carbondale Home 4:00PM

Monday 9/19/16 Montrose Home 4:00PM

Tuesday 9/27/16 Lakeland Away 4:00PM

Monday 10/3/16 Carbondale Home 4:00PM

Monday 10/10/16 Old Forge Home 4:00PM

Tuesday 10/18/16 Susquehanna Away 4:00PM

Tuesday 10/25/16 Riverside Home 4:00PM

Monday 10/31/16 Montrose Away 4:00PM

# **VARSITY FOOTBALL 2016**

Saturday 8/20/16 Western Wayne Home 10:00AM

Friday 8/26/16 Mid Valley Away 7:00PM

Friday 9/2/16 Dunmore Away 7:00PM

Friday 9/9/16 Holy Cross Home 7:00PM

Friday 9/16/16 Northwest Home 7:00PM

Friday 9/23/16 Lakeland Away 7:00PM

Friday 9/30/16 Carbondale-Homecoming Home 7:00PM

Friday 10/7/16 Old Forge Home 7:00PM

Saturday 10/15/16 Susquehanna Away 1:00PM

Friday 10/21/16 Riverside- Parents Night Home 7:00PM

Friday 10/28/16 Montrose Away 7:00PM