



SECTION: PROGRAMS
TITLE: INTERSCHOLASTIC ATHLETIC INJURIES
ADOPTED: May 26, 1999
REVISED:

Lackawanna Trail School District

123.1. INTERSCHOLASTIC ATHLETIC INJURIES

1. Purpose

The Lackawanna Trail School District Athletic Program functions as an integral part of the total curriculum. Participation in the school's athletic programs is a privilege which offers opportunities to serve the school and to assist in the development of friendships and cooperation. It also promotes self-esteem, pride and encourages learning the qualities of good citizenship.

Athletics play an important part in the life of the students of the district. Young people learn a great deal from participation in interscholastic athletics. Lessons in sportsmanship, teamwork, competition and how to win and lose gracefully are an integral part of each teams experience in our athletic program. Athletics help the individual student develop qualities of leadership, commitment, discipline and a physically and mentally healthy body. Athletic competition adds to our school spirit and helps all students, spectators as well as participants, develop pride in their school.

2. Guidelines

Physicals

Coaches shall be responsible for having a physical examination form signed by parent(s), guardian(s) and a physician, on file in the Athletic Director's and/or athletic trainer's office before a student begins practice.

The Athletic Director shall be responsible for setting dates for physical examinations.

The Athletic Director and/or coaches shall not assist the school physician clerically or otherwise with physical examinations.

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PIAA Eligibility Forms

Coaches of each sport must submit a PIAA form properly completed to the Athletic Director one (1) week before the first game. The Athletic Director is then responsible for the mailing of eligibility forms to each school at the proper time.

Coaches must inform the Athletic Director of athletes who are added to the roster during the season. The Athletic Director and coach must be apprised that any newly added athlete has been examined for eligibility, that the athlete is eligible both physically and academically and that the athlete has submitted a PIAA form property completed. The athlete's name must be added to the eligibility list and reported to other schools.

Preparing Athletic Fields

Coaches should inform the Athletic Director of their needs. The principal and the Athletic Director, along with the Supervisor of Buildings and Grounds has the responsibility of having the field ready for play and for the preparation of a safe facility for athletic use.

Guidelines For Athletes Iniuried

Injured Athlete -

Summon an athletic trainer/physician to injured athlete.

Life Threatening Injuries -

Contact a person to activate the emergency medical system. (GET HELP) The contact person should call:

1. 911 - Comm. Center - Furnish the following information.
 - a. Location - State route, rural address, street address, site of incident.
 - b. Nature of incident - extent of injuries.
 - c. Need for an ambulance and medical personnel.



1
2 d. Your name.

3
4 e. Your phone number. TALK SLOWLY AND ALLOW
5 THEM TO HANG UP FIRST!

6
7 2. Athletic trainer - When not on site.

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9 3. Athletic Director - When not on site.

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11 4. The injured athlete's parent(s) or guardian(s).

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13 5. The contact person should also get the injured
14 athlete's emergency treatment form to send along
15 to the medical facility.

16
17 The athletic trainer, Athletic Director, physi-
18 cian or coach should:

19
20 1. Administer first aid on site as needed.

21
22 2. Assist emergency medical personnel in preparing
23 the athlete for transportation to a medical
24 facility.

25
26 3. Appoint someone to go with the athlete if the
27 parents are not available. This person should
28 be responsible, calm, and familiar with the
29 athlete. Assistant coaches or other parents are
30 best for this job.

31
32 4. Record all information regarding the accident
33 and procedures while still fresh in your mind.

34
35 Serious -

36
37 The athletic trainer, Athletic Director, physi-
38 cian or coach shall:

39
40 1. Send a contact person to activate the emergency
41 medical system. (GET HELP) The contact person
42 should call:

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44 a. Ambulance (choose one).

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46 1. Factoryville.

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48 2_ CMC .

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50 b. Athletic trainer - When not on site.



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- c. Athletic Director - When not on site.
- d. The injured athlete's parent(s)/guardian(s).
- 2. Administer first aid on site as needed.
- 3. Assist emergency medical personnel in preparing the athlete for transportation to a medical facility.
- 4. Appoint someone to go with the athlete if the parent/guardian are not available. This person should be responsible, calm, and familiar with the athlete. Assistant coaches or other parents are best for this job.

Minor -

The coach, Athletic Director shall:

- 1. Send a person to contact the athletic trainer. (GET HELP).
- 2. Administer first aid on site if needed.
- 3. Remove the athlete from participation if the athlete is in a great deal of pain or suffers loss of function (can't walk, run, jump, throw, etc.).
- 4. Contact the parent(s)/guardian(s).
- 5. Record all information regarding the accident and procedures while still fresh in your mind.
- 6. Discuss the injury with the parent(s)/guardian(s) of the athlete.
- 7. Recommend that the athlete see a physician designated by the parent/guardiana to rule out serious injury.

With any injury, after initial triage and treatment has been administered, the injured athlete is to be followed by a physician, designated by the parent/guardian, for any further care.

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Football Ambulance

An ambulance and a doctor will be in attendance for all varsity football games. An ambulance will be present for all other football games and scrimmages and/or playoff games held on site.

Coaches Locker Room Responsibility

Coaches must check locker rooms after every game and practice. Locker rooms shall be kept neat. Facilities should be properly disinfected as required to maintain a healthy environment for athletes and others. At away games, the coach has the same responsibility. Coaches should not leave the building until all players have showered and left the locker room and on school premises.

School Bus Responsibility

1. Coaches and cheerleader advisors must accompany their respective groups on the bus.
2. Coaches shall be responsible for players' behavior during athletic trips.
3. Coaches should inspect the bus after trips to insure that all athletes and cheerleaders have departed from the bus. Expect students to maintain a clean bus.

Student Workouts

1. Workouts where students use inside facilities must be supervised.
2. Students using outside facilities with school equipment must also be supervised.
3. A coach encouraging a student to workout, without supervision, is responsible for that person.